

Steyne·d

/survivor/

meaning

1. North Steyne SLSC – 28 Day Summer Challenger
2. Warrior or Princess – I said ‘YES’ to the Challenge

STEYNED 28 DAY SUMMER CHALLENGE

APPLICATION

Thank you for your application to North Steyne Summer Challenge Program! We hope to make your application process as simple as possible and have broken it down into 2 simple steps.

STEP 1 - GENERAL APPLICATION

Fill in all information on the form (including medical history, emergency contacts during the challenge and behaviour agreement) and submit online.

Name:

Parent/Emergency Contact:

Phone number of Emergency Contact:

Any Medical History – That is a must know: (eg: severe allergy, asthma) and Self Medication:

STEP 2 - SUPPORTING INFORMATION

Email completed form to youth@northsteyneslsc.com.au and pay your application fee of \$50 to North Steyne SLSC. (Covers t-shirt, breakfasts, pizza night, first aid night BBQ)

We do not book courses until application received. If not enough interest received courses will be cancelled.

*REQUIRED. Please select the session/s you intend completing

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- 3. Warrior or Princess – I said ‘YES’ to the Challenge

The following Sessions are Challenge Sessions – Interest in attending only needed, not dates.

You can attend all or just one activity session per week:

- Session 4 (8am-9am Sundays; Jan 7, 14, 21) Board Paddle
- Session 5 BONUS SESSION - Radio Operators Course for 13yrs+ (By expression of interest)
- Session 6 (Jan 7, 13) Sleepover and breakfast (\$50 payment covers these sessions + T-shirt)
- Session 7 (6.45am Jan 8, 15) Bold & Beautiful swim (Manly Surf Club – Parents Welcome)
- Session 8 (Jan 21) Wet 'n' Wild water safety – then day of rides and slides.

CARNIVAL INTEREST. *PLEASE INDICATE INTEREST FOR ENTRY AND TEAM CREATION

- Patrol Competition (4) must have Bronze and ARTC
- March Past (12)
- Champion Lifesaver (individual)
- First Aid (pairs)
- First Aid patient, set-up and make up help
- Board Relay (3)
- Ski – u17 competitors (for team events)
- Swim teams (4)
- Beach Sprint teams (4)
- Carnival Official

Two trips away with friends for carnival teams!!! All events explained and trained for.

CADET BEHAVIOUR AGREEMENT

OUR AIM IN THIS AGREEMENT IS TO ENABLE OUR CADETS TO: Consciously take ownership, and responsibility, for their behaviour. Respect the rights of others. Support positive relationships in our group (and across the club). Achieve the STEYNED challenge together.

THE RIGHT TO FEEL SAFE: Behaviours such as 'putting others down', 'cheap shots', unreasonable teasing, name-calling, swearing at members of the group, trainers or coaches, excluding others on purpose, posting defamatory or humiliating images on Facebook, Snapchat or other social media sites, via email or using SMS are all behaviours that take away someone's right to feel safe. There is also a need to respect 'personal space', ensure gender equality is the norm and to avoid any harassing behaviour.

THE RIGHT TO LEARN: Cadets have a right to learn without undue, unreasonable and unfair distractions and diversions from others during structured courses and training. Cadets also have a right to be in an environment free of unnecessary anxiety or pressure through negative comparisons (with other cadets) and overly negative comment. To assist in engaging – and motivating cadets, consideration of different learning 'styles' and 'needs' is encouraged.

THE RIGHT TO RESPECT and FAIR TREATMENT: As in the right to feel safe, the way we interact with – and treat – one another is fundamental to workable communities. Even when communicating frustration, allowing cool-off-time, repair and rebuilding will all go a long way to keeping such respect intact. Remembering and using each other's names; smiling and basic

courtesies such as 'hello', 'goodbye', 'please', 'thanks', 'excuse me'. Basic respect, we expect, remind, encourage, our cadets to use manners. We too, as coaches and mentors, need to model what we invite, encourage and 'expect' in our cadets.

BASIC RESPONSIBILITIES OF CADETS: Getting to courses and sessions on time, having necessary equipment; listening when a coach or trainer is speaking; leaving mobile phone, iPad, DS, etc in your bag or locker. Beyond the basic responsibilities cadets to please also nominate:- caring for one another; listening to one another; turn-taking; no put-downs; simple manners and to care for our club resources and environment...Caring for our club is a basic responsibility of all members...It doesn't take much effort for all to straighten furniture, pick up rubbish...leave spaces considerably.

NB: Non-compliance with agreement or deliberate destruction of club property will result in parents being called and cadet/s being asked to go home.

**Required;
Please check boxes to indicate you have read and agree:*

- Cadet Parent

T-SHIRT SIZE

- XS
- S
- M
- L
- XL
- 2XL
- 3XL

